



LE SAINT ALEXIS

SPA MENU

Massages

FACE AND SCALP MASSAGE

0 H 30 - 55 €

Free your face from its tensions for an immediate release. Well-being massage of the face, skull, neck and neckline.

FOOT REFLEXOLOGY

0 H 45 - 75 €

Inspired by Asia, foot bath ritual and stimulation of reflex points on the foot by digito-pressure. This foot massage restore the flow of energy throughout the body. Ideal against fatigue, stress and heavy legs.

BALINESE MASSAGE

1 H 00 - 95 €

Originating from Bali, this draining energizing and energetic massage ensures deep relaxation.

LOMI LOMI MASSAGE

1 H 00 - 95 €

Relaxing and cocooning Hawaiian-inspired massage. This massage practiced with the hands and forearms plunges you into an ocean of well-being.

SAINT ALEXIS MASSAGE

0 H 45 - 75 €

1 H 00 - 95 €

100% customized massage. Put together with your therapist the massage you wish, by choosing your fragrance and zones you wish to concentrate upon with the pressure you desire.

SWEEDISH MASSAGE

1 H 15 - 120 €

This deep massage aims to promote relaxation by releasing muscles tensions.
Inspired by Deep Tissue and ideal for athletes.

AYURVEDIC MASSAGE

1 H 15 - 120 €

This is an ancestral Indian massage technique that will bring back the balance and harmony of the body's energy, through the combination of movements enticing all the senses.

All our treatments are performed in a SOLO cabin.

Our wellness massages are not linked with any physiotherapy, medical or rehabilitation process.

Our massages are not suitable for pregnant women.

Signature treatments by Sothys

Exceptional protocols and an invitation to journey: Japon, Asia or Orient.



SENSATIONS ORIENTALES

1H00 - 95€

Inspired by ancestral Oriental rites with a scrubbing terracotta stone then an exclusive Sothys modelling.

A unique escaping moment with aromatic notes of myrrh and amber.



INDONÉSIE ANCESTRALE

1H00 - 95€

An exotic treatment combining global body massage and breathing ritual Mayonggo.

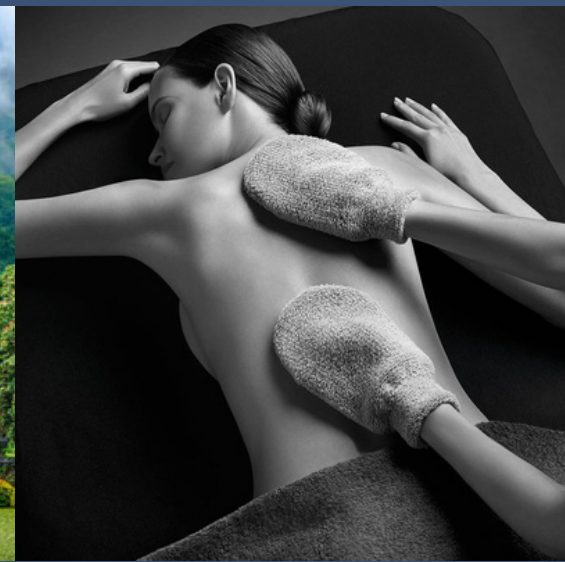
Dive into the heart of Indonesia the moment you walk through the door, thanks to sandalwood and jasmine fragrances.



HANAKASUMI

1H30 - 135€

A unique protocol of Japanese inspiration: peeling with exfoliating gloves, relaxing modelling of the entire body and specific modelling of the feet in this nourishing, delicately perfumed ritual with cherry blossom and lotus escape.



Escape for the senses

GOMMAGE

0H30 - 55€

Body exfoliation combining sea salts and sugar to be personalised with the fragrance of your choice.

RITUEL DÉLASSANT DOS

0H45 - 75€

Sublimate your back with this complete relaxing treatment including a back exfoliation, a back wrap and a back massage.

RITUEL JAMBES LÉGÈRES

1H00 - 95€

Relieve your legs with this ultra-freshening treatment including an exfoliation, a fresh wrap, a draining massage and the application of an ice-cube effet gel.



Choose your treatment

0H30 55€

0H45 75€

1H00 95€

1H15 110€

1H30 130€

2H00 170€

Personalise your treatment time by choosing your treatments from our treatment menu (*massage, body exfoliation, face treatment ...*).

Hands and feet treatments

SOFT HANDS TREATMENTS (OR) ENCHANTING FEET TREATMENT

A treatment combining relaxation and efficiency including a manucure or pedicure, an exfoliation, a mask and a massage for beautiful and soft hands or very pretty feet.

WITHOUT NAIL POLISH

1H00 - 60€

WITH NAIL POLISH

1H15 - 75€

EXPRESS MANUCURE OR PEDICURE

0H30 - 45€

Not suitable for gel nails.

Face treatments by Sothys



LE SUBLIME YEUX

0H30 - 55€

Treatment specifically designed for the eye area, immediately erases signs of fatigue and ageing, while Sothys exclusive Modelling porcelains provide a refreshing effect.

Included in a facial.



LE COUP D'ÉCLAT

0H15 - 30€

Seasonal oxygenating treatment with delicious fruity notes for revitalized, resplendent skin.



LE SUR MESURE

1H00 - 95€

100% customized facial. This fundamental treatment is adapted to skins individual needs to maintain a beautiful skin.



NEW



L'ORGANICS

0H45 - 80€

This treatment with a fresh scent awakens the skin and gives it instant radiance.

Dive into the heart of nature thanks to our range of **ORGANIC** and **VEGAN** products and enjoy a moment of deep relaxation.



Face treatments by Sothys



LE COCKTAIL HYDRATANT

1H15 - 110€

This treatment combines ultra-comfortable textures with high-performance active ingredients to bathe the skin with well-being and provide it with a sensation of absolute hydration.



L'ANTITEMPS

1H15 - 110€

Targeted treatment against the signs of aging: wrinkles and sagging skin. Faithful to the Sothys intensive treatment philosophy, this ultra-sophisticated treatment combines ultra-targeted products with expert application methods.



L'ÉNERGISANT

1H15 - 110€

A treatment to treat the skin to a burst of energy and help it to defend itself in any situation against the harmful effects of environmental stress.



LE PRESTIGE

1H30 - 155€

Discover the perfection of treatment.

A facial treatment in 8 steps combining sensorial make-up removal, ultra-efficient peeling, exceptional massage, high performance mask, ice effect final smoothing. An ultimate unique treatment with sothys rose cells and precious porcelain flower oil.



Heat experience

Private access to our aquatic equipment:

HAMMAM AND BASSIN SENSORIEL

0H30 - 35€ / person

1H00 - 50€ / person

Packages for 2

Treatments are performed in our DUO cabin

L'INSTANT TOI ET MOI

1H00 - 150€

Heat Experience (0h30) + treatment of your choice (0h30) + fruit cocktail

L'INSTANT À DEUX

2H00 - 250€

Heat Experience (1h00) + treatment of your choice (1h00) + fruit cocktail or a glass of champagne

L'INSTANT MAIN DANS LA MAIN

2H45 - 350€

Heat Experience (0h45) + body exfoliation (0h30) + Saint Alexis massage (0h45) + facial (0h45) + fruit cocktail or a glass of champagne

Packages for 1 person

L'INSTANT POUR ELLE / LUI

1H15 - 95€

Heat Experience (0h30) + treatment of your choice (0h45)

L'INSTANT VITALITÉ

1H30 - 115€

Heat Experience (0h30) + body exfoliation (0h30) + body massage (0h30)

L'INSTANT POUR SOI

2H30 - 180€

Heat Experience (0h30) + body exfoliation (0h30) + rituel délassant dos (0h45) + facial (0h45)

L'INSTANT ZEN

3H00 - 235€

Heat Experience (0h30) + body exfoliation (0h30) + body wrap (0h30) + Saint Alexis massage (0h45) + facial (0h45)

L'INSTANT PRESTIGE

3H00 - 255€

Heat Experience (0h30) + Excellence secrets de Sothys body exfoliation (0h30) + Excellence secrets de Sothys body massage (0h30) + Le Prestige face treatment (1h30)

L'INSTANT SUBLIME

5H00 - 335€

Heat Experience (0h45) + Hanakasumi (1h30) + face treatment (1h15) + Le Sublime yeux (0h15) + manucure or pedicure with nail polish + lunch at the restaurant

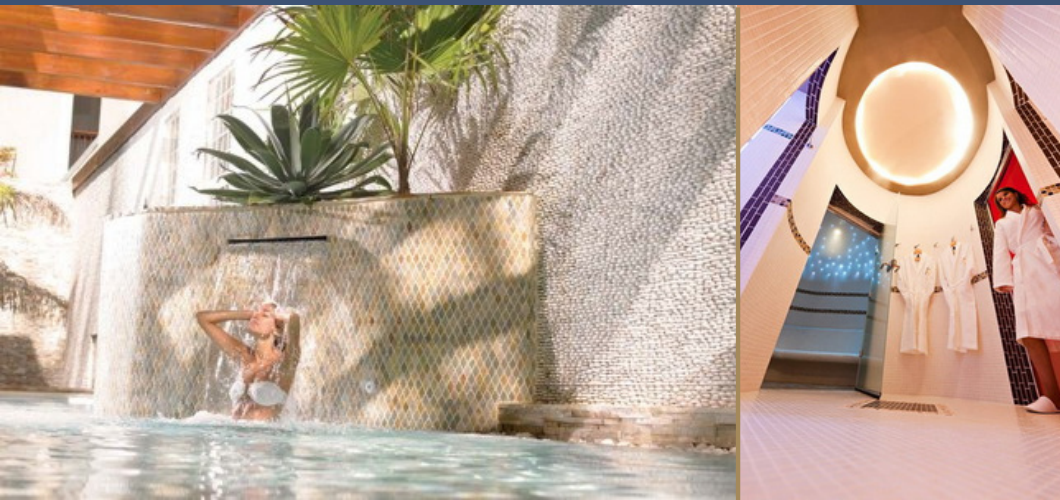
Escale gourmande

Heat Experience (0h30)
+
Treatment of your choice (0h30)
+
1 fruit cocktail
+
1 lunch at the restaurant
(Dish and dessert)

115 € / person
(From monday to friday, except bank holidays)

Not available for gift vouchers. Booking only.

Hotel pool and sunbeds are exclusively reserved for hotel customers.



Hair removal

Booking from 35 €.

Eyebrows	15 €	Full back <i>MEN</i>	25 €
Upper lip	10 €	Full back warm wax <i>MEN</i>	39 €
Chin	10 €	Classic bikini	15 €
Eyebrows / upper lip / chin	27 €	Brazilian bikini	20 €
Nose	10 €	Semi complete bikini	29 €
Ears	10 €	Complete bikini	35 €
Underarms	17 €	1/2 legs	21 €
Underarms <i>MEN</i>	20 €	1/2 legs <i>MEN</i>	26 €
Breast <i>MEN</i>	25 €	Thighs	23 €
Breast warm wax <i>MEN</i>	39 €	Full legs	32 €
1/2 back <i>MEN</i>	21 €	Full legs <i>MEN</i>	37 €
1/2 back warm wax <i>MEN</i>	30 €	Arms	20 €

OUR PACKAGES

1/2 legs / underarms / classic bikini	46 €
1/2 legs / underarms / brazilian bikini	50 €
1/2 legs / underarms / semi complete bikini	58 €
1/2 legs / underarms / complete bikini	63 €
Full Legs / underarms / classic bikini	56 €
Full Legs / underarms / brazilian bikini	60 €
Full Legs / underarms / semi-complete bikini	69 €
Full Legs / underarms / complete bikini	73 €

EXTRA CHARGE

for any excess area or difficult hairs

Opening times

Open daily from 9.00 AM to 18.45 PM.

Booking

Booking only.

Reservations can be made from your hotel room by dialing 4420 or by calling (+262) 02 62 44 66 01.

You will be required to provide your credit/debit card details or gift voucher number in order to guarantee your reservation.

Spa treatments do not include access to the hotel pool and sunbeds.

Treatment

We recommend you to come 15 minutes before your appointment so as to fully appreciate your case session.

Please notify us of cancellations or changes to appointments at least 24 hours prior to the scheduled appointment. If you fail to do so, you will be charged for the service and the sum will be debited, which you consent to by providing your credit/debit card details when booking.

In the case of a delay, it will not be possible to lengthen the initial time of the session; the full amount of the care will be due.

Payment

We accept the payment by credit cards (visa, amex, mastercard...), or by cash.

Gift vouchers

Please your friends and family with our gift cards valid for 6 months.

Buy your gift cards:

- at our Spa reception.

- on our website: www.hotelsaintalexis.com / section: PRICES AND BOOKING.

The gift vouchers are exchange vouchers, without presentation of these on the day of the appointment no treatment can be carried out.

Golden rules

The spa is a place of relaxation and rest exclusively reserved for customers over 18 years old.

The Saint Alexis Spa reserves the right to stop or cancel the service in the event of inappropriate behaviour or comments to our Spa team..

Health

Please warn us if you are pregnant or if you have any health issues, some of our cares could be inconvenient for you. Our wellness massages are not linked with any physiotherapy, medical or rehabilitation process.

Our Spa Therapist are not entitled to practicing massages on clients showing skin problems, following a chemotherapy treatment, following a treatment for cardiovascular disease or affected by a local paralysis.

Covid-19

Having a shower before any body treatments is required.

Maximum capacity of 4 customers for Heat Experience access.



LE SAINT ALEXIS

HOTEL & SPA



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www.hotelsaintalexis.com

